

Frequently Asked Questions

How does a booking work?

We make the process as easy as possible for you, we know organising a group can be tricky. All you need to do is fill out the form on this page. Through the form, you can book your party on the spot or see an instant quote.

What does it cost?

The Party Package is \$50 per head. This includes:

- A party with 8 or more of your friends
- A Party Host to show you some moves/technique, plus a mini routine
- Photo & video opportunity to show off your experience
- Total duration of 90mins (60mins dance class)
- Your first fortnight free on a membership (if you're not an existing student and decide to join us for classes!)

We understand that it can be challenging to gather money from your guests, so we only require a 20% deposit upon booking. But if you're ready to roll, you can choose to pay the full amount.

How many people can I book into one party?

The minimum number for a booking is 8 people, but you can book up to 18 people. Most of our studio rooms have between 10 - 18 poles, so it depends on the location you choose in the form. If you have less than 8 people, that is also fine. The minimum booking cost will be \$400 for 8 people and under.

What if I have someone who is under the age of 18?

We can accommodate this, of course! You will be required to sign a waiver upon arriving at the studio, with the parent or guardian present at the event. Please note: Alcohol may not be consumed by any minor present while on the premises.

How soon can we book?

We require a minimum of 7-days notice, and a maximum of 8 weeks notice.

What can we expect?

Hosting a party at Sydney Pole is a unique experience. When you arrive, your host will welcome you to our beautiful space. Spend a couple of minutes to mingle, change into activewear and get settled before your host shows you to your private room. We'll get the party started with an upbeat (but gentle) warm up and then show you how to bust some moves. By the end of your party, you'll have some beginner tricks and a fun routine under your belt! Finish off the experience with a group photo opportunity in front of our famous Sydney Pole green wall.

What do we need to bring?

Once booked, you will receive a confirmation email, as well as an email closer to the time that confirms all you need to bring. We recommend that each person brings a water bottle, a sweat towel (microfibre is encouraged), and an outfit of their choice to dance in (short shorts, and sports bra or singlet are perfect for this). No shoes required, you can wear socks or bare feet. We'll bring the music, the lights, the energy, and the moves. Have a theme? No worries, tell your guests to wear whatever they want to the party! Let them know it needs to be something they can easily dance in.

Will my party be exclusive to the venue?

The room your party is hosted in will be exclusive to you and your guests, yes! During peak times, we may have classes or events running in other rooms of the studio, but your room will be dedicated to you.

My guests and I want to continue partying after we leave Sydney Pole. Are we able to hire extra time to freshen up before leaving?

The Party Package includes a 15min 'wrap-up' for guests to freshen up to leave the premises after the party is complete. Giving you time to glam up for your next venue.

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What happens if I've booked but need to change the date?

We understand life happens. If you need to change the date after you've booked, just contact us via parties@sydneypole.com and we can help book you into a different time.

What happens if someone drops out after I've made the booking?

If this happens, the cost for that person can be allocated to you, where you can use it to try any class on our timetable at the studio of your choice. We'll even let you bring a friend, free!

Where are you located and what other facilities are there at the studio?

We have 9 studios across NSW & QLD! All of our studio locations are unique, however all studios include pole rooms with gorgeous full length mirrors, filtered water taps and bathrooms, so you can freshen up before heading to your next destination. If you want to know more about each location, you can visit our locations page on our website.

Can we bring our own alcohol?

We love a bit of fun, but the short answer is no. We recommend saving any big drinking sessions for after your lesson - our poles spin, so we need you steady on your feet!